



**High Altitude Invitational | January 20, 2024**

**High Altitude Skating Club**

**Laramie Ice & Events Center, Laramie WY**

## **I. COMPETITION OVERVIEW**

The High Altitude Invitational will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the [current rulebook](#), and/or current Compete USA handbook as well as any pertinent updates that have been posted on the U.S. Figure Skating [website](#).

This competition is open to all eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules.

Skaters must be a currently registered member of a U.S. Figure Skating member club, Learn to Skate USA® member, a collegiate club or who is an individual member in accordance with the current rulebook. For non-U.S. citizens, please refer to the [rulebook](#) for more information.

## **II. ELIGIBILITY**

### **Singles: Excel and Well-Balanced Events:**

- Skaters must meet at least the minimum singles test requirements for the event's level. A skater's singles test level may be higher than the minimum requirement.
  - Skate Up : skaters may skate up one level higher than their minimum test requirement allows.
- Skaters may not register for an event level lower than allowed by their competitive floor. An athlete's competitive floor is set by one of the following scenarios:
  - If an athlete has a paid EMS series application for the NQS series, the event level registered for in the most recent NQS will become the lowest level they may compete at in any U.S. Figure Skating sanctioned event.
  - If an athlete has a paid EMS series application for the Excel Series, the event level registered for in the most recent Excel series will become the lowest level they may compete in any Excel event. For Well-Balanced and Specialty events the skater will be permitted to register at one level lower than the "floor" set by their excel series entry.

- If an athlete has never had a paid EMS series application in the NQS or Excel series, the athlete may select their level based on their goals and technical skills as long as the minimum test requirements are met. (Note: if an athlete has passed the pre-preliminary singles test, they are no longer eligible for No Test or lower levels).
- Skaters are not permitted to enter an Excel free skate and a Well-Balanced free skate event at the same competition (example: Juvenile Girls Free Skate and Juvenile Girls Excel Free Skate). However, they are permitted to enter an Excel and a Well-Balanced event of different types such as a short program (if stand-alone event option), specialty or showcase events (example: Intermediate Women Short Program and Intermediate Women Excel Free Skate).
- For more details about establishing event levels, refer to information sheet [HERE](#) or email [events@usfigureskating.org](mailto:events@usfigureskating.org).

**All other singles and partner events (such as Adults, Pairs, Ice Dance):**

- Skaters must meet the minimum test requirements for the events level, but not exceed the maximum permissible test requirement.

**Synchronized Skating:**

For synchronized skating teams, this competition is not requiring that skating skills test requirements for the team's level be met, except for the maximum allowed at the Compete USA levels (Snowplow Sam Synchro and Aspire levels).

**EVENTS OFFERED:**

This event will follow program requirements for the 2023-2024 skating season. [Program requirements for the events listed below can be found here: usfigureskating.org – Skate – Compete – Program Requirements](#)

Showcase Interpretive events for all levels will follow the format described in the Compete USA Manual. Music duration for Pre-Juvenile/Adult Silver and higher will be 1:30 max. Low, Med and High Team Maneuvers will follow the High School Team Maneuvers format.

NOTE: Skaters may not enter Excel and Well-Balanced free skate events at the same time.

<b>SINGLES</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Excel Free Skate	6.0	\$75	\$25
Well Balanced Free Skate	6.0	\$75	\$25
Adult Free Skate (Adult Pre-Bronze – Master Jr/Sr)	6.0	\$75	\$25
Adult Beginner & High Beginner Free Skate	6.0	\$75	\$25
<b>SPECIALTY</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Compulsory Moves (No Test–Senior)	6.0	\$75	\$25
Excel Compulsory Moves (Excel Pre-Pre–Excel Prelim.)	6.0	\$75	\$25
Adult Compulsory Moves (Adult Beginner–Masters Jr/Sr)	6.0	\$75	\$25
Jumps Challenge (Beginner*–Senior)	6.0	\$75	\$25
Adult Jumps Challenge (Adult Beginner–Masters Jr/Sr)	6.0	\$75	\$25
Spins Challenge (Beginner*–Senior)	6.0	\$75	\$25
Adult Spins Challenge (Adult Beginner–Masters Jr/Sr)	6.0	\$75	\$25
Team Maneuvers (Low, Intermediate, High) * TEAM EVENT – one person will register and pay for the team – use the TEAM button on the competition login page*	6.0	\$100	

<b>SHOWCASE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Emotional Performance (No Test – Senior, Adult)	6.0	\$75	\$25
Choreographic Artistry (No Test - Senior, Adult)	6.0	\$75	\$25
Lyrical Pop (No Test - Senior, Adult)	6.0	\$75	\$25
Character Performance (No Test - Senior, Adult)	6.0	\$75	\$25
Comedic Impressions (No Test - Senior, Adult)	6.0	\$75	\$25
Duets/Trios (No Test – Senior, Adult)	6.0	\$75	\$25
Interpretive (No Test - Senior, Adult)	6.0	\$75	\$25
Adaptive Individual Showcase	6.0	\$75	\$25
Adaptive Unified Partner Showcase	6.0	\$75	\$25
<b>COMPETE USA EVENTS</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Snowplow Sam-Basic 6 Program w/ Music	6.0	\$75	\$25
Aspire 1 - Aspire 4 Program w/ Music	6.0	\$75	\$25
Adult 1-6 Program w/ Music	6.0	\$75	\$25
Snowplow Sam – Basic 6 Elements	6.0	\$75	\$25
Aspire 1 - Aspire 4 Compulsory Moves	6.0	\$75	\$25
Adult 1-6 - Compulsory Moves	6.0	\$75	\$25
Compete USA – Team Compulsory (Snowplow-Basic 3, Basic 4-6, Aspire 1 - Aspire 4) <i>*TEAM EVENT – one person will register and pay for the team – use the TEAM button on the competition login page*</i>	6.0	\$75	
Compete USA – Showcase Lyrical/Character/Comedic (Snowplow – Preliminary)	6.0	\$75	\$25
Showcase – Emotional Performance (Snowplow – Preliminary)		\$75	\$25
Showcase – Interpretive (Basic 1 – Aspire 4)		\$75	\$25
Showcase Duet/Trios (Basic 1 – Preliminary, Adult, Adaptive) <i>*TEAM EVENT – one person will register and pay for the team – use the TEAM button on the competition login page*</i>	6.0	\$75	
<b>ADAPTIVE</b>	<b>JUDGING</b>	<b>1<sup>st</sup> Event Price</b>	<b>2<sup>nd</sup> Event Price</b>
Special Olympics Badges	6.0	\$75	\$25
Special Olympics – Free Skate Program, Pairs & Dance	6.0	\$75	\$25
Skate United Badges	6.0	\$75	\$25
<b>SYNCHRONIZED SKATING</b>	<b>JUDGING</b>	<b>Team Fee</b>	<b>Skater Fee</b>
Aspire 1	6.0	\$100+\$6/skater	
Aspire 2	6.0	\$100+\$6/skater	
Aspire 3	6.0	\$100+\$6/skater	
Aspire 4	6.0	\$100+\$6/skater	
Preliminary	6.0	\$100+\$6/skater	

\*level names pending USFSA 2023-24 [July 1-June 30] updates

## **OUR COMMUNITY:**

U.S. Figure Skating is dedicated to fostering a culture of belonging and community that is welcoming for all individuals. We are committed to championing diversity, equity and inclusion and understand its value in combating discrimination and challenging inequalities necessary to develop champions both on and off the ice. We are actively working toward developing equitable practices and policies that foster safety and empower all individuals to authentically pursue their unique path in all areas of our sport. We stand firmly on the belief that our members are the most important asset to our organization and that our differences are meaningful and strengthen our sport. We believe that skating is for everyone.

## **NON-DISCRIMINATION:**

U.S. Figure Skating commits in policy, principle and practice to sustain a non-discriminatory approach on and off the ice for all members. We strive to provide equal opportunity for all despite their varied backgrounds, experiences and identities, and want all members to feel valued and respected at every level of organization. U.S. Figure Skating's SkateSafe® Program receives, investigates and addresses allegations of discrimination or harassment throughout its membership and the organization. Please refer to the [SkateSafe® Program Handbook](#) for further definition of harassment, discrimination and abuse.

By attending this event, all participants are willingly committing to upholding U.S. Figure Skating's Code of Ethics (*GR 1.01*) and Code of Conduct (*GR 1.02*), as detailed within the [U.S. Figure Skating Rulebook](#).

To report a concern of discrimination or harassment to U.S. Figure Skating, please visit [www.USFigureSkating.org/SkateSafe](http://www.USFigureSkating.org/SkateSafe) or email [SkateSafe@USFigureSkating.org](mailto:SkateSafe@USFigureSkating.org).

## **COMPLIANCE:**

For full details about participant compliance requirements, refer to the U.S. Figure Skating SkateSafe® webpage: <https://www.usfigureskating.org/skatesafe#compliance>.

## **COACHES**

To be an eligible coach at a nonqualifying competition, coaches must meet the applicable compliance requirements and verified by U.S. Figure Skating. Coach compliance falls into two categories, Coach Compliance (includes choreographers) and Learn to Skate USA® Instructor Compliance. Details regarding compliance requirements can be found [HERE](#). All compliance requirements must be met at the time of check-in to access the competition, no exceptions.

Coaches of foreign athletes: If you are a coach of a foreign athlete only, you are not subject to U.S. Figure Skating coach compliance and will only be asked to provide a letter of good standing for the federation your athlete represents.

## **TEAM SERVICE PERSONNEL**

Teams are permitted a maximum of two team service personnel. Team service personnel must have a current U.S. Figure Skating membership, a green lighted background check and completed SafeSport™ Training. All

compliance requirements must be met at the time of check-in to access the competition, no exceptions. Team service personnel is defined as those indicated as a team manager and/or team service personnel planning to attend the competition with the team.

### **MANDATORY ATHLETES**

Athletes age 18+ as of the competition start date who will be competing on a team (i.e., synchro, ice dance, pairs, shadow dance, theatre, etc.) with at least one Minor Athlete must complete SafeSport™ Training. \*

Minor athletes who turn 18 mid-season are encouraged to seek parental consent to take the online SafeSport™ Training early to avoid any disruptions in their ability to participate as the training is required upon turning 18. The athlete will not be compliant until they have completed the training and their Members Only portal reflects completion. Please email [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) for instructions or questions regarding parental consent.

### **III. REGISTRATION INFORMATION**

Secure online registration available through Entryeze at High Altitude Skating Club website. <http://highaltitudeskating.com/> Entries must be submitted online no later than **11:59 PM on January 6, 2024.**

#### **MUSIC SUBMISSION/UPLOAD:**

Music must be uploaded into Entryeze by Friday, January 12th, 2024 at 11:59 PM or a late fee will be assessed (see fees). All files need to be in MP3 format. There will be no CDs accepted. All music must be turned in electronically.

Competitors must also have available a backup copy of their competition music on a cell phone and it must be immediately available rinkside whenever the skater competes. If the phone does not have the standard round headset connector, an appropriate adapter, such as an Apple Lightning connector or Samsung USB-C adapter is required to be attached. The phone should be presented to the music person with the file ready to play, phone in airplane mode and volume turned to maximum.

#### **REFUND POLICY**

Entry fees will not be refunded after the entry deadline unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals.

#### **LIABILITY:**

U.S. Figure Skating, Learn to Skate USA®, High Altitude Skating Club and Laramie Ice & Events Center accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

### **IV. COMPETITION DETAILS**

#### **FACILITIES:**

Laramie Ice & Events Center  
3510 E Garfield Street, Laramie WY 82070  
<https://www.cityoflaramie.org/ice>

The Laramie Ice & Events Center has one NHL size ice surface. Judges will sit opposite the spectator stands on the west side. There will be one male and two to three female designated locker rooms. Locker rooms may be used as changing rooms, but not as a place to store personal items. There is a snack bar on premises.

### **LOCKER ROOMS AND CHANGING AREAS:**

Locker rooms and changing areas at U.S. Figure Skating competitive events are for athletes only, will be labeled with regard to specific use and where identified will be gender specific. An exception can be made for athletes under 11 years old that will allow for one parent of the same sex to assist their child immediately prior to and after their skating event(s). Please review the Locker Room and Changing Area Policy in the [SkateSafe® Handbook](#).

### **U.S Figure Skating Travel Policy:**

All travel must strictly adhere to Two-Deep Leadership requirements. An Adult Participant cannot transport a Minor Athlete one-on-one and Two-Deep Leadership requirements must be adhered to at all times during In-Program travel, by transporting at least two minors or a second Adult Participant. An Adult Participant cannot share a hotel room or other sleeping arrangement with a Minor Athlete(s). Full details of the SkateSafe® Travel Policy and any exceptions can be found starting on page 12 of the [SkateSafe® Handbook](#).

### **OFFICIAL WEBSITE & UPDATES:**

It is the responsibility of each competitor, parent and coach to check High Altitude Skating Club Facebook page and/or the Entryeze site frequently for any schedule changes and/or additional information pertaining to the competition. <http://highaltitudeskating.com/>

### **SCHEDULE**

Competitors may be scheduled on any day or time during the announced dates of the competition. The competition and practice ice schedule will be available after the close of entries. All participants will be notified via email once available.

### **PRACTICE ICE:**

Practice ice will be available the morning of January 20th. Practice ice is available at a cost of \$15 per person when purchased before the competition deadline. Practice ice will not be sold at the event. It will only be sold through Entryeze prior to the event. All practice ice will be 20 minutes in length. Practice ice selection time will be emailed to you after the entry deadline. Skater's music will not be played on practice ice.

### **ONSITE CHECK-IN:**

Check-in will open one hour before the first event and run through the last event of the day. The registration table will be in the lobby.

**If you are participating in a role requiring compliance, please be sure to [download or print your compliance card](#) to verify your compliance status on-site, if requested. If you believe your compliance card does not accurately reflect your compliance status, please contact [skatesafe@usfigureskating.org](mailto:skatesafe@usfigureskating.org) at least 2 business days prior to the competition for assistance.**

**AWARDS:**

Results will be listed online and posted onsite. Awards will be distributed onsite, more details will be available at check in. Medals will be awarded for 1st, 2nd and 3rd place. Ribbons will be awarded for 4th, 5th and 6th place.

**VOLUNTEER INFO:**

Compliant volunteer positions at all US Figure Skating Sanctioned events include key LOC members, locker room monitors, and ALL medical event personnel must be Safe Sport compliant. To be considered compliant, an approved volunteer serving in one of these positions must complete a background check through Safe Sport and complete the online Safe Sport training. This background check and training is accessible via US Figure Skating Members Only Website: [www.usfsaonline.org](http://www.usfsaonline.org)

**ADDITIONAL INFORMATION:**

High Altitude Skating Club has secured a hotel block at the Quality Inn & Suites University in Laramie. The hotel can be reached at (307) 721-8856 and is located at 3420 Grand Ave, Laramie WY. This hotel is very close to the Laramie Ice & Events Center. This information will also be noted on our website and Entryeeze registration page.

High Altitude Skating Club also plans to host a merchandise store similar to in 2023, details will also be posted on our website and Entryeeze registration page.

**CONTACT INFORMATION:**

For questions, before the day of the event, contact [highaltitudeskating@gmail.com](mailto:highaltitudeskating@gmail.com) or visit [www.HighAltitudeSkating.com](http://www.HighAltitudeSkating.com).

For questions, please contact the following individuals:

<b>Competition Co-Chair:</b>	Amy Iddings	<a href="mailto:Amyiddings06@gmail.com">Amyiddings06@gmail.com</a>	(307)760-2674
<b>Competition Co-Chair:</b>	Kaylen Harrison-Hopkins	<a href="mailto:akaylenh@gmail.com">akaylenh@gmail.com</a>	(757) 572-9430
Chief Referee:	Lori Fussell	<a href="mailto:LoriFussellUSFS@comcast.net">LoriFussellUSFS@comcast.net</a>	
Accountant	Sheldrin Zhu		

*Updated 10/23/2023*