

PRIVATE LESSON EXPECTATIONS

Getting started...

★ Reasons to take Private Lessons

- To progress more quickly through individualized attention, this may benefit group lesson testing and help skaters reach goals more quickly
- To prepare for the High Altitude Winter or Spring Showcase
- To prepare for and have a coach assisting at local USFSA or Learn to Skate USA[®] competitions

★ How do Private Lessons work?

- Payment
 - Each instructor is classified as a certain level coach, this is based on their skating and coaching credentials. Coach levels A, B & C correspond to a fee schedule, this defines the rate you are expected to pay for each lesson, at the time of the lesson.
- Scheduling a Lesson
 - Coaches will help you decide if 30 or 60 minutes is appropriate for your skater. This will depend on skater age, level and goals among other details.
 - Once you are matched with a coach, schedule changes may be coordinated between coach and skater.
 - Your lesson time begins at the time that was scheduled. Your skater should be ready, with skates and gloves on, and prepared to skate at that time as lessons are often scheduled back to back. If you are late, the session will not be extended and you are responsible for paying for the original time booked.
 - If Freestyle schedule allows, coaches do prefer that skaters are on the ice prior to their lesson for warm ups.
- Lesson Cancellation Policy
 - At least 24 hours notice is requested to cancel a scheduled lesson unless there are unforeseeable emergencies or sickness - this policy is strictly enforced.
 - Cancellations that are less than 24 hours in advance require payment of the full scheduled lesson.
 - If you are going to be out of town on vacation, or have another conflict, please provide as much notice as possible of the dates.

★ Getting Started with a Coach

- Determine your skating goals
 - Do you want just a few lessons to pass your class?
 - Do you want to take lessons every week?
 - Do you want to compete?
- Select a coach
 - Observe coaches during Learn to Skate USA[®] lessons
 - Try to match your skater's personality to that of your coach
 - Feel free to ask Coach Tabitha to help with this!

Role of a professional Coach

★ Coach Expectations

- Acquire a current USFSA or Learn to Skate USA[®] Instructor Membership
- Be ready to begin instruction at the scheduled time
- Come prepared with appropriate knowledge of skills and a plan for the lesson time
- Create a positive environment for all skaters while setting realistic expectations to help skaters reach their goal.

★ Skater Expectations

- Acquire current USFSA or Learn to Skate USA® Membership
- Show up to practice 15 minutes early, ready to warm up and skate
 - Be dressed in appropriate skating attire (athletic clothing, gloves, helmet, etc)
 - DO NOT wear jeans, restrictive clothing, baggy clothing or shorts/skirts without tights or leggings
 - Long hair should be pulled back
 - Bring water
- Have a positive attitude & have fun!

★ Parent Expectations

- Schedule attainable lesson times
 - Help your skater get to the rink 15 minutes before their scheduled lesson time
 - Help your skater show up prepared
- Communicate with your skater's coach when needed
- If your skater needs assistance tying skates - please ASK to be shown the correct way!
- Be your skater's cheerleader, NOT their coach
- Be respectful to all the coaches, skaters, rink staff and other parents